

ABPRO-90TM

Probiotic 90Billion CFU

ABPRO 90 CAPSULE 10'S is a pre-probiotic supplement formulated to support gut health and boost immunity. Probiotics are beneficial living microorganisms that contribute to a balanced gut flora. This formulation contains a blend of Lactobacillus acidophilus, Lactitol, and Streptococcus thermophilus, each with unique benefits.

Lactobacillus acidophilus aids in reducing the concentration of toxins in the bloodstream and inhibits the growth of harmful bacteria in the gut, promoting a healthier digestive system. Lactitol is effective in treating constipation in adults by promoting bowel movement and softening stools.

Streptococcus thermophilus utilizes urea, creatinine, and uric acid for its growth, effectively cleansing the bloodstream of these waste products. This action supports kidney function and overall detoxification. This probiotic combination is increasingly used to alleviate symptoms of lactose intolerance, manage diarrhea, improve skin health, support individuals with renal failure, and address vaginal infections in women.

If you have a known allergy to probiotics or any other ingredients in ABPRO 90 CAPSULE 10'S, refrain from consuming this product. Discontinue use immediately and seek medical attention if you experience any adverse reactions such as rash or skin symptoms. If you are pregnant, suspect you may be pregnant, or are planning to conceive, consult your healthcare provider before taking this supplement.

If you are breastfeeding or planning to breastfeed, it's crucial to discuss the use of this supplement with your doctor to ensure it's safe for both you and your baby. Before introducing any new supplement, including probiotics, into your routine, especially if you have a compromised immune system, seek advice from your physician. They can provide tailored recommendations based on your medical history and determine if the specific probiotic strains in ABPRO 90 CAPSULE 10'S are suitable for you.

Uses of ABPRO 90 CAPSULE 10'S

- Providing supportive therapy for patients dealing with long-term chronic diseases, offering comfort and improved quality of life.
- Effective treatment of constipation in adults, relieving discomfort and promoting regular bowel movements using ABPRO 90 CAPSULE 10'S.
- Reducing the severity of symptoms associated with various gastrointestinal problems, such as bloating, gas, and abdominal pain.
- Boosting the body's immune system by restoring and maintaining a healthy gut microbiome, enhancing its natural defenses.
- Providing relief and treatment for diarrhea, addressing the underlying causes and restoring normal bowel function.
- Treatment and management of inflammatory bowel disease, peptic ulcers, and allergic diseases, aiming to reduce inflammation and improve overall health.
- Assisting in the prevention of cancer and minimizing the side effects associated with cancer treatments, supporting patients throughout their journey.
- Reduction of blood cholesterol levels, which is helpful in preventing obesity, diabetes, and other metabolic disorders, promoting cardiovascular health.

Side Effects of ABPRO 90 CAPSULE 10'S

- Side effects are unwanted symptoms caused by medicines. Even though all drugs cause side effects, not everyone gets them.
- Stomach cramps
- Loose stools
- Bloating
- Gas and flatulence

Safety Advice for ABPRO 90 CAPSULE 10'S

- Pregnancy
- CONSULT YOUR DOCTOR
- It is unknown whether consuming ABPRO 90 CAPSULE 10'S during pregnancy is safe. Inform your physician if you are pregnant and planning for pregnancy during the treatment.

Dosage of ABPRO 90 CAPSULE 10'S

- Always adhere to your doctor's instructions when taking ABPRO 90 CAPSULE 10'S. Swallow the capsule whole with a glass of water, and avoid crushing, chewing, or breaking it, as this can affect how the medication is released into your system. The dosage and duration of treatment will be determined by your doctor, considering factors such as your age, body weight, and the specific condition being treated. It is crucial to follow their prescribed regimen closely.
- Do not alter the dosage or discontinue the medication without consulting your doctor first. Suddenly stopping the medication may lead to unwanted side effects or a recurrence of your condition. If you have any concerns or experience any unusual symptoms while taking ABPRO 90 CAPSULE 10'S, promptly inform your doctor for further evaluation and guidance.
- Consistency is key to the effectiveness of ABPRO 90 CAPSULE 10'S. Try to take the capsule at the same time each day to maintain a steady level of medication in your body. If you miss a dose, take it as soon as you remember, unless it is almost time for your next scheduled dose. In that case, skip the missed dose and continue with your regular dosing schedule. Do not double the dose to make up for a missed one.

How to store ABPRO 90 CAPSULE 10'S?

- Keep ABPRO 90 CAP 1X10 away from the reach of children and pets.
- Store ABPRO 90 CAP 1X10 at room temperature.

Benefits of ABPRO 90 CAPSULE 10'S

- ABPRO 90 CAPSULE 10'S is a synbiotic supplement, combining the benefits of both prebiotics and probiotics to promote a healthy gut flora. It contains a blend of probiotic strains, including *Lactobacillus acidophilus*, *Bifidobacterium longum*, and *Streptococcus thermophilus*, which are beneficial bacteria that support digestive health and overall well-being. These probiotics help to restore and maintain a balanced gut microbiome by replenishing beneficial bacteria and inhibiting the growth of harmful microorganisms.
- The inclusion of lactitol, a prebiotic, further enhances the effectiveness of ABPRO 90 CAPSULE 10'S. Lactitol serves as a food source for the probiotics, encouraging their growth and activity in the gut. It works by decreasing the pH of the intestine, creating an environment that favors the proliferation of beneficial bacteria while inhibiting the growth of undesirable bacteria like *Enterobacteriaceae*. This prebiotic action also contributes to improved bowel regularity and can act as a mild laxative by increasing fecal volume.

- Furthermore, *Streptococcus thermophilus*, one of the probiotic strains in ABPRO 90 CAPSULE 10'S, has been shown to possess the ability to inhibit infection-causing microorganisms within the intestine. This can be particularly beneficial in preventing or alleviating certain gastrointestinal diseases. *Bifidobacterium longum* contributes to gut health by utilizing toxic compounds present in the intestine as nutrients, further promoting its growth and contributing to a healthier gut environment. Overall, ABPRO 90 CAPSULE 10'S supports optimal digestive function and contributes to a stronger immune system through its comprehensive blend of prebiotics and probiotics.

How to use ABPRO 90 CAPSULE 10'S

- Always adhere to your doctor's instructions regarding the use of ABPRO 90 CAPSULE 10'S. Swallow the capsule whole with a glass of water. Avoid crushing, chewing, or breaking it, as this can affect how the medication is released and absorbed in your body. The precise dosage and treatment duration will be determined by your doctor, taking into account factors such as your age, body weight, and the specific condition being treated. It is crucial to follow their guidance closely.
- Consistency is key for optimal results. Try to take the capsule at the same time each day to help maintain a steady level of medication in your system. If you have any concerns about when or how to take the capsule, don't hesitate to ask your healthcare provider for clarification.
- It is essential to continue taking ABPRO 90 CAPSULE 10'S for the entire duration prescribed by your doctor, even if you start feeling better. Prematurely stopping the medication could lead to a recurrence or worsening of your condition. Only discontinue use if your doctor specifically advises you to do so. If you experience any unexpected side effects or have any questions, consult your doctor promptly.