

# ABMERZE™

L-Ornithine L-Aspartate, Silymarin Extract L-Glutathione,  
Calcium Pantothenat & Vitamins Sachet

Our Silymarin L-Ornithine L-Aspartate Multivitamin Sachets is a blend of carefully selected ingredients, each playing a vital role in promoting health and wellness. Here's a breakdown of its composition:

**Silymarin (80%): 35mg** – Silymarin is renowned for its hepatoprotective properties, supporting liver health and detoxification.

**L-ornithine L-aspartate: 125mg** – This amino acid complex aids in ammonia detoxification, benefiting liver function and overall metabolism.

**Thiamine Mono Vitamin B1: 1.5mg** – Vitamin B1 is essential for energy production and nerve function.

**Riboflavin Vitamin B2: 1.5mg** – Vitamin B2 plays a crucial role in energy metabolism and antioxidant defence.

**Pyridoxine Hci Vitamin B6: 1.5mg** – Vitamin B6 is involved in over 100 enzyme reactions in the body, including protein metabolism and neurotransmitter synthesis.

**Niacinamide Vitamin B3: 18mg** – Vitamin B3 supports skin health, digestive function, and nerve function.

**D-panthenol Vitamin B5: 1.5mg** – Vitamin B5 is essential for synthesizing coenzyme A, which is crucial for various metabolic processes.

**Vitamin B12: 1mcg** – Vitamin B12 is vital for neurological function, DNA synthesis, and red blood cell formation.

**Protein (10%): 20mg** – Protein is essential for muscle repair and growth, as well as overall cellular function.

## **ABMERZE 200ML SACHETS**

### **The Benefits of Silymarin L-Ornithine L-Aspartate Multivitamin Sachets**

**Liver Health:** Silymarin and L-ornithine L-aspartate are key ingredients known for their liver-protective properties, making this sachets ideal for those seeking liver support.

**Metabolic Support:** The blend of B vitamins, including thiamine, riboflavin, pyridoxine, niacinamide, and B12, provides comprehensive support for energy metabolism and overall wellness.

**Detoxification:** L-ornithine L-aspartate aids in ammonia detoxification, supporting the body's natural detox processes.

**Nutritional Support:** The addition of protein and essential vitamins ensures that your body receives the necessary nutrients for optimal health.

**Overall Wellness:** By combining these beneficial ingredients, our sachets offers a holistic approach to health and wellness, supporting various bodily functions.